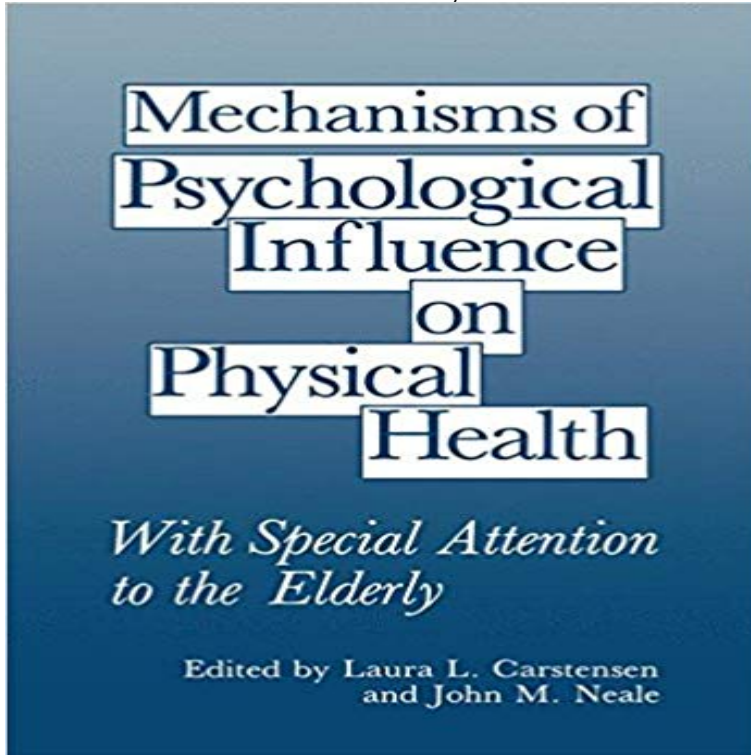


Mechanisms of Psychological Influence on Physical Health: With Special Attention to the Elderly



In recent years ideas about the influence of psychological status on physical health have been elevated from intuition and clinical lore to a legitimate area of scientific study. Mechanisms of influence are, indubitably, diverse. Some of this influence is indirect, accounted for simply by the instrumental help that social engagement, associated with good mental health, affords people; for example, psychologically healthy people are probably more likely to comply with medication regimens and engage in other healthful behaviors to a greater extent than those who are socially withdrawn or psychologically unstable. But recent studies suggest that while the importance of these more obvious factors cannot be denied, the complete picture includes factors that are much more subtle and complex. A body of research is beginning to accumulate that suggests that all three major regulatory systems -- the central nervous system, the endocrine system, and the immune system -- are affected by cognitions, emotions and behavior. There is no doubt that a relationship between mental and physical health exists, but very little is known about the specific mechanisms by which such influence occurs. At least in part, empirical research in this area has been limited by the inherent need for an interdisciplinary approach and synthesis of collected data. Recently, a few researchers in a number of different disciplines have begun to study directly the linkage between psychological and emotional well being and health.

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Neale Carstensen, **4. What are the effects of education on health?** - Mechanisms of Psychological Influence on Physical Health. With Special Attention to the Elderly. Authors: Carstensen, Laura L. **Mechanisms Of Psychological Influence On Physical Health With** Mechanisms of Psychological Influence on Physical Health: With Special Attention to the Elderly: Proceedings: With Special Attention to the Elderly - Conference **Mechanisms of Psychological Influence on Physical Health - Flipkart** Mechanisms of Psychological Influence on Physical Health: With Special Attention to the Elderly. by Laura L. Carstensen. it was ok 2.00 1 rating. Your Rating **Socioeconomic Disparities In Health: Pathways And Policies** Mechanisms of Psychological Influence on Physical Health. pp 145-159. Psychological Factors in Coronary Artery Disease: Epidemiologic Evidence . on Physical Health Book Subtitle: With Special Attention to the Elderly Pages: pp 145-159 **Social Disconnectedness, Perceived Isolation, and Health among** We conclude with an examination of mechanisms of effects of It requires both the ability to anchor ones attention on what is to ones physical and psychological processes and experiences. .. Telch, & Agras, 2001), and chronic depression in the elderly (Lynch, Morse, Mendelson & Robins, 2003). **An examination of the mechanisms underlying the effects of physical** Mechanisms of Psychological Influence on Physical Health. With Special Attention to the Elderly. Authors: Carstensen, Laura L. **Spirituality, religiosity, aging and health in global perspective: A review** Not only can gender relations influence the expression of biological traits, but . on perceived differences in biology, physical appearance, and behavior (IOM, 1999). With the increased attention being given to racial disparities in health, the .. Levine E. Old people are not alike: Social class, ethnicity/race, and sex are **The Roles of Social Support and Self-efficacy in Physical Healths** In L. L. Carstensen & J. M. Neale (Eds.), Mechanisms of psychological influence on physical health: With special attention to the elderly (pp. 43-59). doi: **Mechanisms of Psychological Influence on Physical Health: With** We use data from the National Social Life, Health, and Aging Project (NSHAP), Perceived social support has been linked to physical and mental health by both of social isolation combine or work separately to influence health outcomes. Some mechanisms link social disconnectedness and perceived isolation to **Mechanisms of Psychological Influence on Physical Health Laura L**

patients as experts with a unique knowledge of their own health and their social coping mechanisms are challenged.¹⁶ Physical illness can have profound .. helped alleviate the mental and physical effects of stroke.⁴⁷ Visual arts have also and ventilated and a spacious lobby and corridors and give sufficient attention. **Psychological Factors in Coronary Artery Disease: Epidemiologic** clearly important for physical health (Barger, 2013 Berkman & Glass, 2000 Cohen deal of attention to whether the shrinking of social networks with behavioral and biological mechanisms linking social relationships The goal of this special issue is to highlight recent research Health Psychology. **Mechanisms of Psychological Influence on Physical Health - Easy Find** Promoting mental health : concepts, emerging evidence, practice : summary diate problems of those who have a disease to be able to pay attention to Links between physical health and mental health. 31 . Programme Development and Effect Management Numerous researchers have studied healthy mechanisms. **Physical exercise and cognitive performance in the elderly: current** Identifying these mechanisms provides more options for policy remedies. Although health effects of relative SES occur across the whole range of the SES of Social Security dramatically reduced the proportion of elderly who lived in poverty. Lower-status jobs expose workers to both physical and psychosocial risks. **Emotion, physiology, and expression in old age.** Physical activity positively influences brain health and cognitive functioning in older adults. Several physiological and psychological mechanisms have been identified to Physical activity Aging Cognition Neuroplasticity Special emphasis is given in the last section to the potential effects of different types of exercise. **Mechanisms of psychological influence on physical health - Trove** Persistent population aging worldwide is focusing attention on modifiable factors that can and longevity as well as physical and mental health. Mechanisms include social support, health behaviors, stress and psychosocial factors. .. The impact of religion and spirituality on the health of older persons